



SUGGESTED ITEMS FOR CAMP

Your child's clothing is laundered once a week in camp and is returned the same day.

1. This is a suggested list to be used as a guide. Adjustments may be made to provide for your child's individual interests and needs (such as sports equipment, dance shoes and clothing, horseback boots or shoes, etc.)
2. Our washers and dryers are commercial machines. We recommend that delicate clothing **not** be sent to the camp laundry. **In addition, please do not send your camper with a mesh garment bag as they will not hold up in our machines.**
3. Please use the reverse side as a checklist so that your child is completely outfitted for camp.
4. Every article, including clothing worn in travel to camp, **must** be labeled with the camper's name.
5. Use **INDELIBLE INK** to mark articles upon which tapes cannot be sewn, such as shoes, sneakers, tennis racquets, flashlights, cameras, etc. Rubber stamps with indelible ink may be used on many items.
6. You may wish to send a list of items packed to camp with your child. He or she can use it as a checklist when packing to return home.
7. Luggage is transported to and from camp with your child at no additional cost to you.

**LUGGAGE MUST BE LIMITED TO TWO PIECES
(duffle bags are best)**

REMEMBER.....NO HARD TRUNKS



Suggested Clothing List



CLOTHING

- _ 14 pair socks
- _ 10 pair underwear
- _ 10 short sleeve shirts
- _ 5 pair long pants
- _ 10 pair shorts
- _ 3 pair pajamas
- _ 3 swim suits (one-piece for girls)
- _ 5 sweaters or sweatshirts
- _ 2 pair sneakers
- _ 1 pair sandals (optional)
- _ shoes (**no platform shoes or sneakers with wheels**)
- (black shoes for theatre)**
- _ boots (all weather, i.e. hiking)
- _ cleats (for sports)
- _ warm jacket (fall/spring)
- _ raincoat/poncho
- _ bathrobe



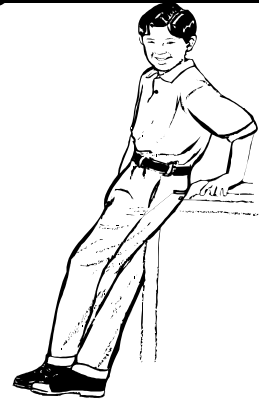
BEDDING & LINEN

- _ 2 sets of cot or twin size sheets
- _ 1 pillow/2 pillow cases
- _ 4 towels (beach & bath)
- _ 2 warm blankets
- _ 2 washcloths
- _ 1 laundry bag
- _ sleeping bag (optional)



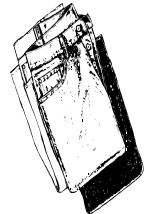
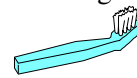
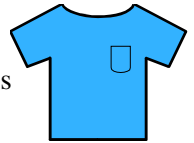
TOILETRIES

- _ **shower caddy (required)**
- _ toothbrush & toothpaste
- _ comb & brush
- _ shampoo & conditioner
- _ soap & soap dish
- _ plastic cup
- _ sun block
- _ personal hygiene items
- _ hand sanitizer



MISCELLANEOUS

- _ athletic equipment (baseball mitt, tennis racquet, athletic supporter, mouthpiece, etc.)
- _ roller skates/blades & protective gear
- _ skateboard
- _ flashlight/extra batteries
- _ games, books, etc.
- _ stationary & stamps
- _ pen & pencils
- _ musical instruments
- _ camera & film (black & white 35mm)
- _ fishing rod
- _ dance shoes, leotards, tights
- _ smooth sole shoes or boots w/heels for horseback riding (we provide helmets if needed)
- _ white t-shirts for silkscreen, tie-dye, etc.
- _ fan
- _ **water bottle**



We will provide linens (sheets, pillow, pillow case, blankets, & towels) for all children flying to camp. We suggest, however, that you pack 2 large towels.

Camp laundry is done once a week and returned to the campers on the same day. **Please do not send your camper with a mesh garment bag as they will not hold up in our industrial machines.**

Island Lake is not a 'dress-up,' camp. However, there may be occasions when your child may like to get a little 'dressed-up,' e.g., dances, end of summer banquet, etc.

****NOTE:** Campers should bring any other items relative to their interests. Male athletes should bring an athletic supporter with a cup. Both male and female athletes should bring a mouthpiece already molded at home.

*****DO NOT BRING:** Potentially harmful items (penknives, fireworks, matches, lighters, laser pointers, etc.) expensive items, jewelry, TV's, cell phones, platform shoes.

and remember.....**NO HARD TRUNKS PLEASE**