



Suggested Items for Camp



LUGGAGE MUST BE LIMITED TO TWO PIECES
(large duffel bags are best)



NO HARD TRUNKS



Please use the reverse side as a checklist so that your child is completely outfitted for camp.

You may wish to send a list of items packed to camp with your child. He or she can use it as a checklist when packing to return home.

Adjustments may be made to provide for your child's individual interests and needs (such as sports equipment, dance shoes and clothing, horseback boots or shoes, etc.) Please see the suggested equipment list.



Every article, including clothing worn in travel to camp, **must** be labeled with the camper's name.

Use **INDELIBLE INK** to mark articles upon which tapes cannot be sewn, such as shoes, sneakers, tennis racquets, flashlights, cameras, etc. Rubber stamps with indelible ink may be used on many items.



Your child's clothing is laundered once a week in camp and is returned the same day.

Our washers and dryers are commercial machines. We recommend that delicate clothing **not** be sent to the camp laundry. **Please send your camper with a mesh garment bag for socks and underwear.** This will help prevent loss.

Luggage is transported to and from camp with your child at no additional cost to you.



Clothing

- 10 pair socks
- 10 pair underwear
- 10 short sleeve shirts
- 3 pair long pants
- 10 pair shorts
- 3 pair pajamas
- 3 swim suits (one-piece for girls)
- 4 sweaters or sweatshirts
- 2 pair sneakers
- 1 pair sandals (optional)
- shoes (**no platform shoes or sneakers with wheels**)
(black shoes for theatre)
- boots (all weather, i.e. hiking)
- cleats (for sports)
- warm jacket (fall/spring)
- raincoat/poncho
- bathrobe

Bedding & Linen

- 2 sets of cot or twin size sheets
- 1 pillow/2 pillow cases
- 4 towels (beach & bath)
- 2 warm blankets
- 2 washcloths
- 1 laundry bag
- sleeping bag (optional)

Toiletries

- shower caddy (required)**
- toothbrush & toothpaste
- comb & brush
- shampoo & conditioner
- soap & soap dish
- plastic cup
- sun block
- personal hygiene items
- hand sanitizer

Miscellaneous

- flashlight/extra batteries
- games, books, etc.
- stationary & stamps
- pen & pencils
- digital camera & memory card for photography class and own use
- fan
- water bottle**

Campers should bring any other items related to their interests. Male athletes should bring an athletic supporter with a cup. Both male and female athletes should bring a mouthpiece already molded at home. Please see the suggested equipment list.



DO NOT BRING: Potentially harmful items (penknives, fireworks, matches, lighters, laser pointers, etc.) expensive items, jewelry, TV's, cell phones, platform shoes.



Island Lake is not a 'dress-up,' camp. However, there may be occasions when your child may like to get a little 'dressed-up,' e.g., dances, end of summer banquet, etc.



We will provide linens (sheets, pillow, pillow case, blankets, & towels) for all children flying to camp. We suggest, however, that you pack 2 large towels.